

# Rife Waveform Frequency Resonator Mark 5

By *Altered States*



## Altered States Limited

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## Introduction

Built in Programs - no computer is required to run these pre-set programs but you can also program your own option. (green -9 allows programming as desired)

Pre-set programs:

- Rife Crane system : Select bank (color ) function (letter)
- Bob Beck Zapper : **black/ F** use silver electrode kit
- Hulda Clarke Zapper : **black/ G**
- BT9 : **black / E** use headset
- TENS unit : **red /C**
- CES (cranial electro stimulation) system: **black/choice of a-b-c-d**
- Relaxation / Meditation tool: **black/B**

It has 28 functions and treatments (27 preset programs and one programmable of your choice)

And to top it off its very easy to use!

## **COMPONENT LIST**

### **Mark 5 Rife Waveform Frequency Generator And Portable Rife/Crane/C.E.S. Generator**

#### **Packs include:**

Item	Received
Portable Rife Generator	
RS232 Serial Computer programming cable	
Wrist Straps	
Ear Clips	
Headset	
Copper foot plates including connecting lead with alligator clips	
Silver electrode kit (includes Velcro wrist strap, sea salt, dropper bottle, silver electrodes, two pairs of cotton sleeves)	
CD-Rom	
Instructions and 9 volt alkaline battery	

#### **Combo systems:**

**All Combo packages include the above standard package, as well as:**

#### **Combo #1**

Item	Received
Polarity Adaptor including 12 volt AC power supply	
CanPulsar and lead	

#### **Combo #2**

Item	received
Polarity Adaptor including 12 volt AC power supply	
CanPulsar and lead	
Electric blanket	
Magnacoil (med)	

#### **Combo #3**

Item	received
Polarity Adaptor including 12 volt AC power supply	
CanPulsar and lead	
Electric blanket	
Magnacoil (full body)	
Magnacoil (small)	
Relaxomat biofeedback device	
Magnetic field detector	

### Combo #4

Item	received
Polarity Adaptor including 12 volt AC power supply	
CanPulsar and lead	
Electric blanket	
Magnacoil (full body)	
Magnacoil (small)	
Relaxomat biofeedback device	
Magnetic field detector	
Portable water Ozone generator	

### Combo #5

Item	received
Polarity Adaptor including 12 volt AC power supply	
CanPulsar and lead	
Electric blanket	
Magnacoil (full body)	
Magnacoil (small)	
Relaxomat biofeedback device	
Magnetic field detector	
Portable water Ozone generator	
Multiple wave oscillator (MWO) sent separately*	

\*separate freight /insurance charge for this unit

### Specifications

Frequency: 0.5 Hz - 10KH Pos, Neg, & Bipolar Square wave

Outputs:

Plates 0 - >20 volts adjustable

Earpiece 0 - >500 ua adjustable

Headset 0 - >40 volts adjustable

Functions: 27 pre-programmed Functions

1 programmable Function

Software: \*\*\*

Power: 9 volt Alkaline, Lithium, or Re-chargeable battery

### New features:

- 27 Programmed Functions
- 1 programmable function
- 3 Polarity (+, -, +/-) plus zero outputs
- Brighter pulsing L.E.D
- Sound Beeper

### Installation of Battery

- The Mark 5 unit uses one type 216 9v Battery.
- Slide the battery cover off in the direction indicated. Take care to attach the battery connector cap to the battery with the appropriate orientation.
- When replacing an old used battery remove connector cap by holding the plastic. **Do not pull on the wires.**

## Description of Components

### Wrist Straps:-

- Use wrist straps as shown. (see Figure 1)
- Release strap by carefully lifting end of plastic catch.
- Extend strap so hand can easily slip through.
- Pull on end of strap to tighten, then push end of plastic catch back down to secure.
- Plug into plates output. Please ensure blue dial (next to plates output) is turned fully counter clockwise. Then turn the dial clockwise to adjust to your comfort level.
- The wriststraps can be used with most programmes except BB Zapper (black/F) and BT9 (black/E)

### EarClips:-

- These are only to be used for C.E.S programmes (**black/choice of a-b-c-d**)
- Open earclip as shown. (see Figure 3)
- Place over earlobe (one on each ear) and gently close.
- Plug into clips output (. Please ensure blue dial (next to clips output) is turned fully counter clockwise. Then turn the dial clockwise to adjust to your comfort level.
- DO NOT PLUG INTO THE PLATES OUTPUT

### Headset:-

- This is for use with the BT9 function (black/E)
- Prepare a salty solution by dissolving a teaspoon of salt in a glass of water. (Sea salt or table salt may be used)
- Dip each yellow pad in the salty water, or pour a small amount of the salty water (saline) onto the face of the pad which is placed against the skin (see Figure 2).
- Place the yellow headset pads below the ears, and behind the jaw (in the hollow underneath the skull) with the metal part of the headset and wires under the chin.
- An additional use is with red/C. Place headset on affected area e.g. over shoulder or joint

### Polarity Adaptor:-

- This is used with the Magnacoil
- Plug the cable from the polarity adaptor into the 'plates' output of the Mark 5 unit
- Plug the Magnacoil into the socket on the other end of the Polarity adaptor
- Connect the 12 volt AC power transformer into the Polarity Adaptor.
- Select bipolar (down – north/south) or monopolar (up – AC pulsed) output with the switch. The colour of the output L.E.D gives polarity indication.  
<http://altered-states.net/barry/rifeFAQ/alphatheta1.jpg>
- The red L.E.D by the power adaptor indicates power on.
- If using an electric blanket as a magnetic field, plug the lead with the jack plug into the polarity adaptor as you would the Magnacoil.

### CanPulsar:-

- The CanPulsar may be used alone or in conjunction with the Mark 5 unit.
- To use alone select either frequency with the centre off switch as indicated by panel.
- To modulate CanPulsar with Rife frequencies,
  - a) Plug the stereo cable into the plates output and the CanPulsar input.
  - b) Select the desired Rife frequencies. This now will run the Can Pulsar (carrier) and Rife frequencies together.
  - c) You may use the CanPulsar output to connect extra probes.

## Silver Electrodes

- For use with Bob Beck Zapper ( black/F)
- Plug electrodes into plate output
- Before using this function it is very important to eliminate ALL herbs (including garlic), dietary supplements, alcohol, recreational drugs and medications. Stop taking these at least 24 hours prior to use the Zapper (preferably 4-7 days). You may take medicine or vitamins immediately AFTER zapping. This is because zapping can allow medicines, drugs and herbs to enter the body's cells and it can actually magnify their effect 20-30 times. While you are zapping with these in your body the effects are amplified dramatically.
- Zapping times can vary between 15 minutes to 2 hours a day. It is important to drink at LEAST 3-4 glasses of filtered /purified or distilled water during this process. This will help flush your system and allow "detoxification" to occur. YOU MUST DRINK PLENTY OF WATER WHILE ZAPPING to help the body detoxify. If you feel unwell after zapping, reduce the time and you can gradually increase it in subsequent sessions. The "unwell" feeling is the body detoxifying. This is a good sign but it is not necessary to feel unwell every time you use the unit.
- It is important to place the electrodes correctly otherwise the process will not be effective.
- Insert the silver electrodes into the cotton sleeves. Mix up a small amount of water with salt and wet the cotton sleeves with this solution. This is a saline solution which will aid with conductivity between the electrodes and your skin.  
Do not place the electrodes on the bare skin as this may irritate or give an uncomfortable feeling to the skin

## **How to Select a Function**

- To select a function - press and release the small right hand button for less than a second - each press steps the right hand function green L.E.D up from A - G.
- Holding the button down causes the green L.E.D to step down from G - A.
- Press the 'Bank' button (a little to the left under the L.E.D) to choose range. The L.E.D will change to colour black (off), red, green, orange, black, etc.
- Select function required from table on back of unit.
- Note colour and letter A...G. Set letter and colour as above.
- For functions Black A...F the red time L.E.D show 5 min. (increase time as desired)
- Pressing the time button allows selection of required function time 5, 10, 15, 20, 30, 45, 60 min.
- For all the other functions (red, green or orange bank) the time is set automatically, and can not be changed manually.

- The L.E.D indicates the time remaining and steps down appropriately. When the function is complete the unit turns off automatically.
- To stop the unit before a function is completed, select a function Black A...F then press and hold the time button until the time L.E.D steps down beyond 5min.
- If a new function is selected before the current function is completed - the current function is terminated and the newly selected function will start from its beginning after a few seconds.
- Holding the function select button down for several seconds causes the unit to go into programming mode, (see below) indicated by L.E.D. on function **G** and the red time L.E.D's stepping down continuously.
- To stop programming mode press function button again.

### **How to Program the Programmable Function**

- Selecting PGM replays the program sequence downloaded previously from your computer. The program sequence is held in a memory, and may be replaced by another sequence at any time. Only one program sequence is stored at a time.
- When the programming mode is selected as above, (i.e. hold the function button down until time LED starts sweeping in a downward direction), a new program sequence may be loaded through the Serial cable plugged into your computer, and into the Plates socket
- After opening PORTABLE RIFE/CRANE on your computer and having setup, or loaded, your desired sequence (frequency and time) make sure the plates control knob is pointing to the P about halfway round (3 o'clock)
- Select Portable and then "download". The time led display changes for a short time indicating downloading is taking place. (This may not be noticeable if the sequence is very short). When download is complete the unit will turn off.
- To end session, remove computer cable and press the function button.
- As the programmed sequence runs, the time LED will decrease, indicating time remaining. At the end of sequence the unit will turn off.
- Sequence may be terminated at any time, by pressing the function button, then pressing and holding the time button, until all LED turn off.

Here is an online conversation explaining this set-up:

Note: Robbie is our computer technician

### **How do I download frequencies to my portable rife machine?**

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Robbie (05:32:32 pm) : Hi

Customer (05:32:48 pm) : Hi Robbie

Robbie (05:33:01 pm) : Have you installed the Rife program on your computer

Customer (05:33:17 pm) : I think so

Robbie (05:34:10 pm) : have you connected the cord from your serial port on the computer to the Plates input on the Rife Machine?

Customer (05:34:40 pm) : no which serial port does it go into?  
Robbie (05:35:15 pm) : any free one on the back of your computer  
Customer (05:35:32 pm) : OK will do now  
Robbie (05:35:37 pm) : k  
Customer (05:35:52 pm) : is it ok to do it while going??  
Robbie (05:36:02 pm) : yes, it is  
Customer (05:37:48 pm) : K it's in  
Robbie (05:38:09 pm) : ok, leave the rifle machine turned off  
Customer (05:38:19 pm) : K  
Robbie (05:38:27 pm) : Start the rifle program on the computer  
Customer (05:39:46 pm) : I have a box that says rifle gen frequencies  
Robbie (05:40:57 pm) : ok, click on the button that says Add Frequency  
Customer (05:41:11 pm) : done  
Robbie (05:41:52 pm) : type the first frequency u want to use into the box that comes up  
Robbie (05:43:02 pm) : then enter the length of time u want that particular freq to run for  
Robbie (05:43:13 pm) : in seconds  
Customer (05:43:48 pm) :  
Customer (05:44:06 pm) : done  
Robbie (05:44:51 pm) : repeat these steps until you have all the freqs entered that you want to use  
Customer (05:47:09 pm) : done I have separated with - is that right?  
Robbie (05:48:54 pm) : You need to type the freq in the top box and then the time in seconds in the box underneath  
Customer (05:50:21 pm) : that's what I have done there are 4 frequencies in this programme so have put all 4 in separated with - then put the times in the bottom box separated with -  
Robbie (05:51:07 pm) : No, sorry that won't work  
Robbie (05:51:45 pm) : then press enter  
Robbie (05:52:22 pm) : sorry ignore last line  
Robbie (05:53:13 pm) : type the first freq in the top box  
Robbie (05:53:26 pm) : then press enter  
Robbie (05:53:50 pm) : so the cursor jumps down to the time box  
Robbie (05:54:06 pm) : enter the time in seconds  
Robbie (05:54:16 pm) : then press enter again  
Robbie (05:54:39 pm) : click on add frequency again  
Robbie (05:54:58 pm) : type the next freq into the freq box  
Robbie (05:55:21 pm) : then press enter...etc...  
Robbie (05:55:43 pm) : until you have them all entered  
Robbie (05:56:18 pm) : you will notice they appear as a list in the main window  
Customer (05:57:51 pm) : I must be doing something wrong  
Customer (05:59:08 pm) : had to put Ok at the end of every one done that now  
Robbie (05:59:52 pm) : ok, now click on the save program button  
Robbie (06:01:03 pm) : this allows you to save this list on your computer so next time you want to program your rifle machine with the same frequencies, you won't have to type them in again  
Customer (06:01:26 pm) : K  
Customer (06:02:04 pm) : Do I save as a text file?  
Robbie (06:02:43 pm) : yes, but it will do this automatically  
Customer (06:03:30 pm) : NOW how do I put it into the rifle machine?  
Robbie (06:03:55 pm) : ok, you have a portable rifle or a desktop model?  
Customer (06:04:11 pm) : Portable  
Robbie (06:05:40 pm) : click the little check box on the bottom of the main window that says next to it I am using a Portable Rifle Machine  
Customer (06:06:00 pm) : done  
Robbie (06:06:40 pm) : you will notice a button that says Upload data  
Customer (06:06:59 pm) : yep  
Robbie (06:07:03 pm) : click on it  
Robbie (06:08:06 pm) : at the bottom of this new window that appears you need to select the com



port that the rife machine is connected to  
Customer (06:08:36 pm) : wouldn't have a clue!!!  
Robbie (06:08:45 pm) : by clicking on the little arrow  
Robbie (06:09:19 pm) : how many com ports does it show when u click on the arrow?  
Customer (06:09:36 pm) : 1 or 3  
Robbie (06:09:59 pm) : Leave it on one for now  
Customer (06:10:22 pm) : ok click start?  
Robbie (06:10:55 pm) : Now on the rife machine check that the plates knob is set to the P position  
Customer (06:11:32 pm) : done  
Robbie (06:12:10 pm) : ok... switch on the rife machine by pressing the right switch once  
Robbie (06:12:22 pm) : the bottom light should come on  
Customer (06:12:53 pm) : both red lights have come on  
Robbie (06:13:02 pm) : that is right  
Robbie (06:13:55 pm) : now hold down the right switch for approx 5 seconds and the leds on the left side will start moving down rapidly  
Robbie (06:14:23 pm) : let the switch go at this point  
Customer (06:14:41 pm) : done  
Robbie (06:14:51 pm) : ok  
Robbie (06:15:17 pm) : now click the start button on the computer program  
Robbie (06:15:45 pm) : some of the lights on the left side should flicker  
Robbie (06:16:03 pm) : and then the rife machine automatically turns off  
Customer (06:16:28 pm) : Says done and the lights have gone off on the rife machine  
Robbie (06:16:38 pm) : ok, all done  
Customer (06:17:15 pm) : Now for my last question where is this on the rife machine??  
Robbie (06:18:42 pm) : now to use that program, turn the rife machine on and press the right button mutiple times untill the green LED at the top comes on  
Robbie (06:19:13 pm) : the program will now start in approx 15 secs  
Robbie (06:20:38 pm) : That program will stay in the rife machine until you program it with something new.  
Customer (06:22:23 pm) : so if I wanted to put multiple programmes in I would hve to do them one at a time and only run them one at a time is that right?  
Customer (06:23:01 pm) : Do I leave the plates button turned to p or can I turn up the intensity?  
Robbie (06:23:25 pm) : yes, when you program it , it overwrites the program already in there  
Robbie (06:23:52 pm) : that is why you can save each list on your computer  
Robbie (06:24:16 pm) : makes it alot easier to reprogram it each time  
Robbie (06:24:53 pm) : You only need to have the plates knob in the P position when programming it  
Customer (06:25:31 pm) : Thanks Robbie, are all the other programmes still in there?  
Robbie (06:26:10 pm) : Yes, they are, you can only change the program at the green light position  
Customer (06:26:34 pm) : Can I leave the plug into the port of my PC?  
Robbie (06:27:03 pm) : you can, just unplug from the rife machine

### **Warranty**

We have a 12 (twelve) month warranty on the Rife unit, Canpulsar, polarity adaptor.

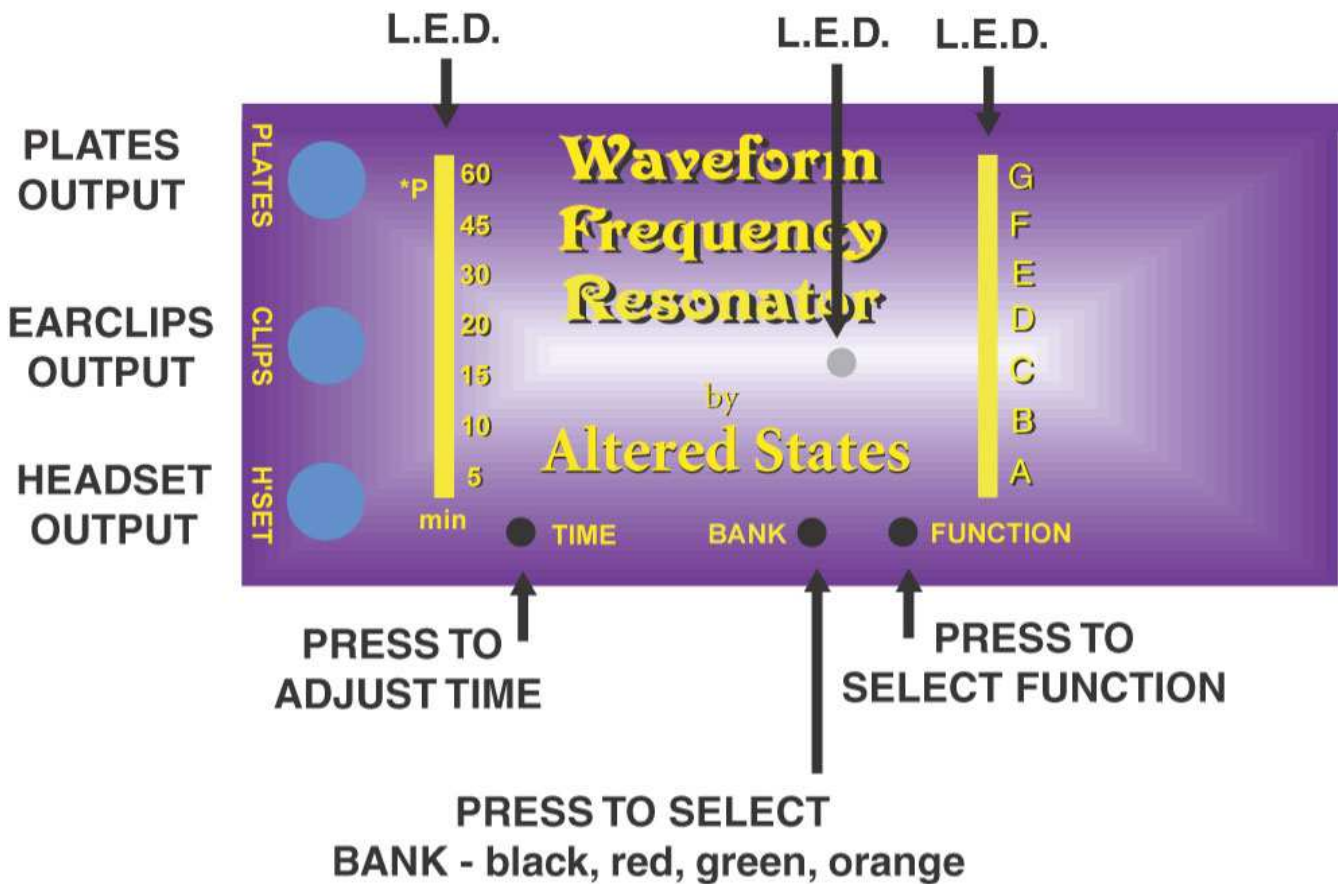
This warranty covers any defect in workmanship or materials.

This warranty does not cover shipping damage, accidents other than normal use, wear and tear, exposure to excessive static electricity, damage to leads or any of the accessories supplied or damage caused by plugging leads into wrong sockets.

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# FRONT PANEL



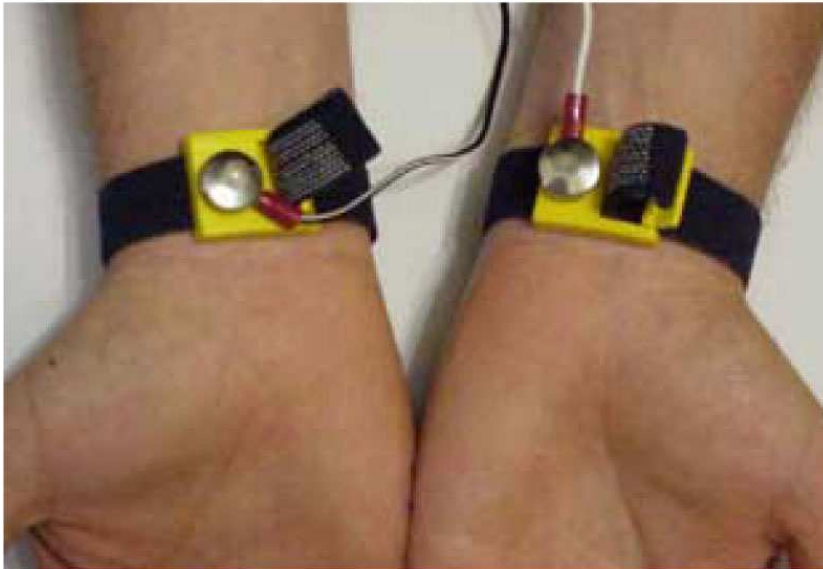
# REAR PANEL

BANK - Black, Red, Green, Orange

G	HC Zapper	RAMP	PROGRAM	MS
F	BB Zapper	SLEEP	CANCER	HERPES
E	BT9	HEART	ALZHEIMER	CANDIDA
D	100 Hz	ANXIETY	HEP - C	STROKE
C	7.83 Hz	PAIN	DIABETES	ADHD
B	1.5 Hz	MIGRAINE	PARKINSONS	LYME DIS.
A	0.5 Hz	WELLNESS	ARTHRITIS	FIBROMYA

Choose option by pressing 'BANK' until the color of your program is lit. Then press 'FUNCTION' (A-G) until your program has been selected.  
i.e. Wellness is Green F

Figure 1



**Wriststraps** - place the metal plate against the inside of your wrist. Do NOT unclip the dome buttons the leads are attached to.

Figure 2



**Headset** - wet the fabric with saline, this aids conductivity with the skin.

Figure 3



**Earclips** - open earclips (as shown on right) and close over earlobe. Make sure lobes are clean prior to clipping on.

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