

The Hoxsey formula

is both famous and infamous - for its widely reported effectiveness and its harsh suppression by the AMA in the mid 20th century. I know of many patients who have benefited from it.

I teach history of medicine and every year at least one person writes their paper on Hoxsey. This is one legacy that will not go away because it seems to keep helping people.

Still the original formula is something of a secret.

In its place many practitioners use various "hoxsey-like" formulas which contain the appropriate herbs but may not be in the same proportions as the original.

The following is used with permission from IBIS - the Interactive BodyMind Information System.

(You can get more info on IBIS from ibis@teleport.com).

* formula: Hoxsey-like: a constitutional cleansing and cancer support formula.

Glycyrrhiza glabra, 12 g.
Trifolium pratense, 12 g.
Arctium lappa, 6 g.
Stillingia sylvatica (toxic), 6 g.
Berberis aquifolium, 6 g.
Phytolacca decandra (toxic), 6 g.
Rhamnus purshiana, 3 g.
Rhamnus frangula (toxic), 3 g.
Xanthoxylum americanum, 3 g.

Combine the dry herbs, place in 3 cups of water and simmer for 10-15 minutes. Cool, strain and store in a dark glass jar.
sig: use 2-4 tbsp. tea in a third cup water adding 1-2 drops of saturated potassium iodide and 5-11 drops strong iodine (Lugol's) solution. Take q.i.d., p.c. and before bed. (NCNM Pharmacy)